

Adjustments to Swimming Lessons To Ensure The Safety of Staff & Customers During The Covid-19 Period.

We have had to introduce a few new regulations that affect lessons to ensure the safety of all staff and customers. Please abide by these during your time at the Flamingo Pool so everyone can have an enjoyable and safe time in swimming lessons.

- ❖ Please DO NOT enter the building if you are experiencing any Covid-19 symptoms including a fever, new/persistent cough and loss of smell/taste) and avoid touching your face.
- ❖ At all times (in and out of the water) please ensure you comply to social distancing guidelines for the safety of everyone including fellow swimmers and staff.
- ❖ Please wear a face covering whilst in the reception area, changing rooms and on poolside. Face coverings are NOT to be worn in the water.
- ❖ Teachers will continue to not enter the water to teach and therefore will teach from the side at all times whilst keeping to a social distance. Teachers will be wearing a face covering in the reception area and changing rooms but will be wearing a spit guard/face shield to teach.
- ❖ Parents/carers/guardians will not be allowed to be on poolside or in the changing rooms during lessons. This is to keep to social distance guidelines whilst also ensuring the building does not become overcrowded. Children will be dropped to their teacher, then the accompanying adult will leave and return 25 minutes later for the end of the lesson to collect their child from the teacher.

N.B The exception to this is if the parent needs to be present for medical reasons or if the child is disabled and therefore the parent needs to stay with them at all times. If this is the case, please bring proof to reception where you will be issued with a card to keep on you whilst in the building to inform both the teachers and lifeguards that you are able to remain on poolside throughout the lesson.

- ❖ Please ensure your hand hygiene is kept up to date along with using sanitising stations regularly.
- ❖ Our staff will be cleaning all touch points every 30 minutes as well as stepping up our general cleaning routines and procedures.
- ❖ Lesson sizes have been adjusted to aid in maintaining a social distance.
- ❖ Lessons will run for 25 minutes teaching time with a 5 minute period for a socially distanced changeover time.
- ❖ Only 1 adult to accompany lessons please. We understand if siblings need to come along too due to childcare issues.

We will constantly review our operating rules and regulations to ensure everyone's safety is of top priority as well as introducing old classes back as and when it fits with the government and Swim England's advice and guidance.